

PO BOX 1889 Lunenburg, NS BOJ 2CO 902-646-0556 jjennery@rogers.com

Menu for week of July14th

Please place your order by end of day Tuesday

All dishes are in an 8" foil pan or a container holding 4 standard servings.

Oven ready for same day or put right in the freezer. Re-heating directions on package.

Orders in by Tuesday at 5 will be ready for pick up or delivery Friday by 4

Vegan Enchiladas - flour tortillas, portobello mushrooms, black beans, homemade guacamole, & Enchilada sauce, radishes, cilantro \$30



Thai Shrimp Salad: A fresh flavour burst of shrimp marinated in mango, sweet peppers, avocado, sweet chili sauce, lemongrass, ginger, nestled on a bed of home grown lettuce: \$40.00



Lebanese Chicken: Roasted Chicken with fragrant 7-Spice, caramelized onions, almonds and roasted lemon. Basmati Rice. \$40.00



Free delivery within Kingsburg - Bridgewater - Lunenburg - Mahone Bay or pick up from Feltzen South -E-transfer funds with order to jjennery@rogers.com