



PO BOX 1889
Lunenburg, NS B0J 2C0
902-646-0556
jjennery@rogers.com
March 12th Delivery

Broccoli Ginger Soup: Roasted Broccoli with a hint of lemon and coconut...
(GF/ V) \$35



Lemony Chicken & Pasta: Orzo, marinated Chicken breast, feta, spinach, dill, cherry tomatoes: \$40

****Can substitute rice for GF option****



Moqueca de Camarões (Brazilian shrimp Stew): Tomato broth, cilantro, lime, roasted red peppers, Rice: \$40 (GF)



Stuffed Peppers: Rainbow peppers (red, yellow, orange) stuffed with ground beef, rice, cheese, tomato sauce \$40 (GF)



Free delivery within Kingsburg - Bridgewater - Lunenburg - Mahone Bay or
pick up from Feltzen South

Orders in by noon Tuesday will be ready for delivery or pick up Friday by 4
E-transfer funds with order to jjennery@rogers.com